

## THE SYMPTOMS OF SIN IN THE LIFE OF AN UNBELIEVER

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**Death.** Will you die some day? Are you afraid of death? Do live as though you will die?

**Emptiness & Loneliness.** Do you have a deep longing for something that nothing can satisfy? Do you feel like something is missing, but can never figure out what it is?

**Anxiety.** Do you have difficulty sleeping at night? Do you suffer from insomnia? Do you feel like you have to maintain control? Do you worry about people hurting you? Do you worry about life?

**Selfishness.** Do you put others first? Do you find it difficult to give others things that you need yourself? Are you willing to make sacrifices for others?

**Pride.** Do you feel like you are better than others? Do you feel like you are less than others? Do you often hide your true person from people? Do you value your own thoughts and opinions over others? Do you compare yourself to others? Do you worry about what other people think of you?

**Guilt.** Do you feel a heavy weight on your shoulders like the whole world is your responsibility? Do you feel like you owe a huge debt that you could never repay?

**Addiction.** Do you struggle with addiction? Such addictions include: drinking, drugs, pornography, gambling, food, diet, vomiting, lusting, anger, violence, video games, self-mutilation and/or working.

**Rebellion.** Do you have difficulty submitting to authority? Do you have difficulty trusting others?

**Wicked Desires.** Do you have evil thoughts that seem to be inert desires? Do you dwell over evil thoughts and plot out evil deeds? Do you have a desire to commit a sin just to see if you can get away with it? What do you do when you are alone in the dark? Would you steal if no one was looking?

**Fear of Death & Punishment.** Are you afraid of being honest with God? Do you fear Hell, condemnation, or judgment? When people engage in a conversation about God, do you feel a heavy weight upon you as though you are being judged?

**Doubting God's Existence.** Do you often question or doubt God's existence? Do you wonder if there is a God at all? Do you postulate there is no God?

**Questioning God's Goodness.** Does God seem evil to you? Do you often ask how God could allow so many bad things to happen in the world?

**Irreverence for God's Name.** Do you use the Lord's name in vain? Do you often say the name Jesus Christ as an irrelevant expression?

**Transgression of God's Law.** Have you broken any of God's Laws, the Ten Commandments? If you break one law, then you have broken all the laws.

**Restraint.** Do you struggle with obedience to God? Does the bible seem like a prison or a cage? In order to obey, do you fight with yourself internally? Do you have an inward desire to sin, and constantly fight against that inward desire to obey?